

CWS DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st	2nd	3rd
Holiday				Cabbage Peas Tomato Sabji, Chapati, Jeera Rice, Amritsari Dal, Tomato Cucumber Salad, Buttermilk	Veg Korma, Chapati, Jeera Rice, Dal Fry, Tomato Cucumber Salad, Jalebi, Mexican Soup With Broccoli	Aloo Giloda Sabji, Puri, Jeera Rice, Rajma Curry, Tomato Cucumber Salad, Buttermilk
Holiday				Jain Menu: Cabbage Peas Tomato Sabji, Chapati, Jeera Rice, Amritsari Dal, Tomato Cucumber Salad, Buttermilk	Jain Menu: Veg Korma, Chapati, Jeera Rice, Dal Fry, Tomato Cucumber Salad, Jalebi, Mexican Soup With Broccoli	Jain Menu: Giloda Sabji, Puri, Jeera Rice, Rajma Curry, Tomato Cucumber Salad, Buttermilk
4th	5th	6th	7th	8th	9th	10th
Holiday	Soya Paneer Masala, Chapati, Steamed Rice, Dal Fry, Tomato Cucumber Salad, Sweet Corn Soup	Desi Chana with gravy, Chapati, Jeera Rice, Dal Palak, Tomato Cucumber Salad, Boondi, Buttermilk	Manchurian Dry, Hakka Noodles, Wafers, Masala Bhel, Gulab Jamun, Cream of Tomato Soup	Methi Thepla, Chhunda, Masala Khichadi, Kadhi, Tomato Cucumber Salad, Banana, Lemonade	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice, Sevian Kheer	Doodhi Tomato Sabji, Chapati, Jeera Rice, Dal Tadka, Tomato Cucumber Salad, Buttermilk
Holiday	Jain Menu: Soya Paneer Masala, Chapati, Steamed Rice, Dal Fry, Tomato Cucumber Salad, Sweet Corn Soup	Jain Menu: Desi Chana with gravy, Chapati, Jeera Rice, Dal Palak, Tomato Cucumber Salad, Boondi, Buttermilk	Jain Menu: Manchurian Dry, Hakka Noodles, Wafers, Masala Bhel, Gulab Jamun, Cream of Tomato Soup	Jain Menu: Methi Thepla, Chhunda, Masala Khichadi, Kadhi, Tomato Cucumber Salad, Banana, Lemonade	Jain Menu: Idli, Sambhar, Medu Vada, Chutney, Lemon Rice, Sevian Kheer	Jain Menu: Doodhi Tomato Sabji, Chapati, Jeera Rice, Dal Tadka, Tomato Cucumber Salad, Buttermilk
11th	12th	13th	14th	15th	16th	17th
Holiday	Lehsuni Palak paneer, Chapati, Steamed Rice, Mix Dal, Tomato Cucumber Salad, Fruit Custard	Veg. Frankie with Sauce, Veg Pasta, Dhokla with Chutney, Wafers, Chocolate Coconut Laddoo, Cream of Tomato Soup	Chhole Bhature, Hyderabad Biryani, Boondi Raita, Tomato Cucumber Salad, Lemonade	Corn Masala Curry, Chapati, Steamed Rice, Dal Makhani, Tomato Cucumber Salad, Buttermilk	Mix Vegetable, Chapati, Jeera Rice, Gujarati Dal, Tomato Cucumber Salad, Jalebi, Lemonade	Methi Matar Malai, Chapati, Steamed Rice, Saboot Masoor Dal, Tomato Cucumber Salad, Mexican Soup with Broccoli
Holiday	Jain Menu: Lehsuni Palak paneer, Chapati, Steamed Rice, Mix Dal, Tomato Cucumber Salad, Fruit Custard	Jain Menu: Veg. Frankie with Sauce, Veg Pasta, Dhokla with Chutney, Wafers, Chocolate Coconut Laddoo, Cream of Tomato Soup	Jain Menu: Chhole Bhature, Hyderabad Biryani, Boondi Raita, Tomato Cucumber Salad, Lemonade	Jain Menu: Corn Masala Curry, Chapati, Steamed Rice, Dal Makhani, Tomato Cucumber Salad, Buttermilk	Jain Menu: Mix Vegetable, Chapati, Jeera Rice, Gujarati Dal, Tomato Cucumber Salad, Jalebi, Lemonade	Jain Menu: Methi Matar Malai, Chapati, Steamed Rice, Saboot Masoor Dal, Tomato Cucumber Salad, Mexican Soup with Broccoli

18th	19th	20th	21st	22nd	23rd	24th
Holiday	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka, Tomato Cucumber Salad, Sevian Kheer	Missi Roti, Chhunda, Four Grain Khichadi, Kadhi, Tomato Cucumber Salad, Banana, Lemonade	Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani, Boondi, Cream of Tomato Soup	Desi Chana with gravy, Chapati, Jeera Rice, Dal Palak, Tomato Cucumber Salad, Lemonade	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice, Balushahi, Sweet Corn Soup	Spring Onion-Aloo in Gravy, Chapati, Steamed Rice, Dal Makhani, Tomato Cucumber Salad, Buttermilk
Holiday	Jain Menu: Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka, Tomato Cucumber Salad, Sevian Kheer	Jain Menu: Missi Roti, Chhunda, Four Grain Khichadi, Kadhi, Tomato Cucumber Salad, Banana, Lemonade	Jain Menu: Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani, Boondi, Cream of Tomato Soup	Jain Menu: Desi Chana with gravy, Chapati, Jeera Rice, Dal Palak, Tomato Cucumber Salad, Lemonade	Jain Menu: Idli, Sambhar, Medu Vada, Chutney, Lemon Rice, Balushahi, Sweet Corn Soup	Jain Menu: Sev Tamatar in Gravy, Chapati, Steamed Rice, Dal Makhani, Tomato Cucumber Salad, Buttermilk
25th	26th	27th	28th	29th	30th	31st
Holiday	Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal, Tomato Cucumber Salad, Cream of Tomato Soup	Bhindi Sabji, Chapati, Jeera Rice, Saboot Masoor Dal, Tomato Cucumber Salad, Gulab Jamun, Lemonade	Adrakhi Gobhi with Tomato, Chapati, Veg.Pulao, Saboot Moong Dal, Suji Halwa, Buttermilk, Tomato Cucumber Salad,	Corn Masala Curry, Chapati, Steamed Rice, Gujarati Dal, Tomato Cucumber Salad, Sweet Corn Soup	Bharela Baingan, Chapati, Rajma, Rice, Paanipuri	Masala Uttapam, Chutney, Sambhar, Medu Vada, Curd Rice, Gajar Halwa
Holiday	Jain Menu: Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal, Tomato Cucumber Salad, Cream of Tomato Soup	Jain Menu: Bhindi Sabji, Chapati, Jeera Rice, Saboot Masoor Dal, Tomato Cucumber Salad, Gulab Jamun, Lemonade	Jain Menu: Gobhi with Tomato, Chapati, Veg.Pulao, Saboot Moong Dal, Suji Halwa, Buttermilk, Tomato Cucumber Salad,	Jain Menu: Corn Masala Curry, Chapati, Steamed Rice, Gujarati Dal, Tomato Cucumber Salad, Sweet Corn Soup	Jain Menu: Bharela Baingan, Chapati, Rajma, Rice, Panipuri	Jain Menu: Masala Uttapam, Chutney, Sambhar, Medu Vada, Curd Rice, Gajar Halwa

Dr. Ruchita Mokani
Doctor In Charge

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Principal

