

The Cheviot Gazette



**HAPPENINGS
FULL OF ZEST:
Eric Carle Week,
Math Week,
Janmashtami,
Crazy Hair Day**

VOLUME 13

From the Founder Director Desk

Raising Leaders

Most parent want their children to become courageous and effective leaders.

Are children born with leadership skills or can such skills be nurtured at school and home ?

The answer is that while some traits may be inborn, leadership skills can most definitely be developed.



**Founder Director
Madhavi Agrawal**

At Cygnus we believe in providing a safe and comfortable environment for students to develop the key traits required to be an effective leader.

The top 5 qualities a child needs to hone to become a better leader are :

- **High self esteem and an understanding of one's own strengths and weaknesses.**
- **Improved confidence and public speaking ability**
- **Ability to empathize, work with people and resolve conflict**
- **Ability to set goals and work towards them in a systematic manner**
- **Commitment to the task, to the team and to yourself**

The entire curriculum at Cygnus and Cheviot contributes towards the development of the above skills on a continuous basis. Every Cygnite gets the opportunity to present on stage , to build self esteem , be a part of community service projects, to explore her creative side and be a part of varied teams and clubs.

Parents can also contribute to the development of leadership skills in extremely simple ways :

- **Embrace Failure: Often we as parents are so wrapped up in providing the best for our kids that we forget to teach them how to embrace failure positively.**
- **Focus on emotional intelligence: A child's ability to empathize and sympathize will aid her ability to solve problems.**
- **Engage them with sports: Sports allows you to experience the high of victory and melancholy of defeat. It builds leadership skills like no other.**
- **Teach them patience: Patience if taught right will last a lifetime.**
- **Give them time to be creative: Don't structure everything!!!**

As India takes bold steps in the field of Science and Space Engineering , Sports, Entrepreneurship etc we as the school and parents must work together,

From the Head of Cheviot Kids - Aparna Maheshwari

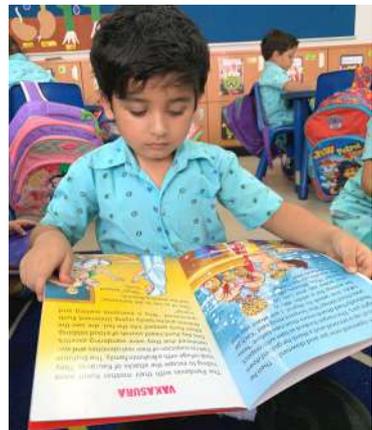
Hello! Dear Parents...

As an educator, I believe that a child should be imparted the importance of reading books from a very early age. When I say reading, I mean not just reading words and a sentence. Actually reading is more than that... it is vital for children to read pictures, care for books, handle books gently. While doing all this, children are learning to think analytically, open their minds to a new world. Books fire their imagination and curiosity of children.

Children follow by example, so dear parents, when you want to spend some quality time with your child, go to a book store, browse through books together; pick up books in any language...the aim should be, to develop within the child a liking for books. The more we take them away from the electronic medium of communication, the more we will be able to instill empathy and love in our future citizens.

Take time out and **Drop Everything And Read...** create **DEAR** time everyday...

Happy Reading!



PROUD MOMENTS!



Taksh Patel of **Grade VI** successfully completed all levels of **UCMAS** and pre-requisite **International Grading Exam**. He was awarded with a **Trophy, a Gold Medal and a Certificate for the same**.



Bhavya Shah of **Grade II** secured the **Third position** in **Paint Your Imagination**, a drawing competition, organized by Shreenathji Group of Companies.



Saksham Dhoka and **Sakshi Dhoka** of **Grade V** participated and passed the International Standard of **UCMAS MENTAL ARITHMETIC Proficiency Examination** and **UCMAS ABASUS COMPUTATION (ZHUSUAN)**.



Cygnus World School won the **Third position** in the **National Group Singing Competition** in category **Sanskrit** organised by **Bharat Vikas Parishad Vadodara Chapter** for the students of **Grade VI** to **IX**.



Cygnus World School's **Soccer Team** is the **District Level Winner** of the **Subrato Mukherjee Football Tournament, Under 14..** It is a proud moment because they were the **Runners up** for the **State Level** as well.



Prakhar Chaturvedi of **Grade VI** has won the **First Position** in the **Gujarat State Chess Tournament** (category under 11), **Open**, organized by the **Gujarat State Chess Association**.



Nabhya Patel of **Grade I** secured the **Second position** in the **Chess Competition** in the **Khel Mahakumbh, East Zone, Vadodara**.



Riya Patel of **Grade XI** secured the **First position** in the **Debate Competition** and **Siddhant Agrawal** of **Grade X** secured the **Third position** in the **Extempore Competition: Reflections**, an **International Youth Festival for History and Civics** organized by **City Montessori School, Lucknow**.

Raghvendra's Talk

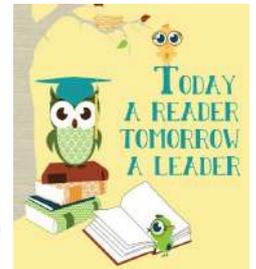
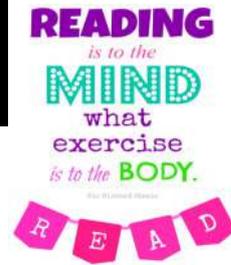


Inspiration can come from unusual quarters and motivation can spring from sources yet not known. Raghvendra, a child prodigy and mathematics genius, visited Cygnus World School for an interaction session with students and invited guests. In his brief interaction with the audience, Raghvendra entertained with his quick wit and warm smile. During the session Raghvendra demonstrated his higher mathematical and logical aptitude and enthralled the audience with a musical rendition using the violin and the tabla, suggesting how mathematics and music are related.

Community Service at Cygnus...



Cygnus World School, as a part of social responsibility, invited the students of **Vasantshala** who were welcomed with open arms by the **Cygnus family**. This was done with the intention of sharing what we have, a live example of how service brings us closer to God. The **Vasantshala** students got an opportunity to perform in front of such a large audience consisting of **600 students & staff** for the first time. They showed their joy by gifting a beautiful handmade necklace to the **Principal**. And in turn also received items like **bed sheets, mosquito nets and sports equipment**. It was a great moment: a moment of mutual admiration and support.



READING BUG

Winners list

Class	July	August
Pixies A	Xianyang Gao	Pahel Vijayvargi
Pixies B	Jiyansh Taral	Dhruti Vaghani
Pixies C	Charvi Srivastav	Shaurya Shah
Pixies D	Gauravi Singh	Tanaira Amin
Elves A	Trisha Patel	Miraan Patel
Elves B	Yuvraj Khimlani	Rajveer Thakkar
Elves C	Aarit Sadhu	Yami Jadia
Elves D	Aanshi Shah	Mohd. Anas Shaikh
Brownies A	Palash Joshi	Swayam Patel
Brownies B	Naksh Patel	Vihaan Vasani
Brownies C	Deetya Bhatia	Shrey Modi
Brownies D	Husain Giniwala	Kiaan Hemnani



Jolly phonics workshop for educators

Regular workshops are conducted for the staff and students throughout the year to keep them abreast with the latest teaching and learning techniques. **Jolly Phonics Workshop** had been conducted at Cygnus World School for the pre-primary and primary teachers with the purpose to help the children to be better readers by using sounds of the letters to form words. The workshop was conducted by Dr. Nihali Jain, a Jolly phonics Trainer, on 21st July 2019. The workshop has proved to be extremely beneficial already, as we have started implementing the teaching techniques in the class and the children have picked up the concept very well.

Teachers day

“To teach is to touch a life forever”

This quote is apt for the day celebrated with lot of joy and zest by the children, and that is TEACHERS DAY. Teachers are the keystone of students’ future and no words are enough to thank them for their selfless service and commitment. Students greeted their teachers with flowers and affection. Children of Brownies took command of the stage by hosting the entire program for their lovely teachers. Children poured their heart out by showcasing their feelings for their teachers through a fantastic dance performance. Confidence and grace that they learnt and imbibed from their teachers was clearly visible during the whole presentation. It was indeed a day celebrated with great gusto.



Events at Cheviot Kids:

Guru Purnima



“A teacher affects eternity, and can never tell where the influence stops”.

Henry Brooks Adams

On this auspicious occasion of Gurupurnima, we remember the virtuous Sage Vyasa.

The role of a teacher is of paramount importance to shape a student. We at Cheviot Kids cherish this special bond between a guru and a shishya and pay tribute to our gurus on this holy day. The day commenced beautifully with children offering flowers and cards to their teachers and seeking blessings from them by wishing Happy Guru Purnima. The celebration at school began with the shlok “Guru brahma”. Children were then narrated a short story on Lord Ganesha and were also told about the importance of the role, parents and teachers play in their life. A short dance performance by the children paid ode to the teachers. The function concluded with Gaiety all around.

Janmashtami

Rakshabandhan

Speak up kids



The birthday of Lord Krishna was celebrated with great devotion and enthusiasm. Children came dressed in traditional attire as Radha and Krishna. A splendid colourful program was organized. The children of Pixies, Elves and Brownies danced enthusiastically and dedicated all the songs to Lord Krishna. Later all the children along with their teachers joined in to dance on the tunes of Garba. A matki phod was organized, with the help of primary children. The pot was broken by building a human pyramid amidst cheers of Lord Krishna. The delightful shower of flowers and goodness was a perfect conclusion of the celebration.

The beautiful bond of trust, respect and protection was celebrated with the fervour and gaiety that one associates with this auspicious occasion. Children were familiarised with the customs, rituals and significance of the festival. They heard a short story on Lord Krishna and Draupadi, which marks one of the origins of the festival. Brief information regarding the importance of Naryali Poornima was also shared, which is also celebrated on the same day. Children of Pixies, Elves and Brownies hit the floor with their captivating dance performances. The underscore of the program was the tying of rakhis and exchanging the Thank you cards. It was indeed an event, to catalyze the feeling of love, care and affection.

Mythological heroes: Speak up kids are planned with a view to strengthen the verbal skills to foster speaking competency of the young minds. Being at the center of the class's attention, experiencing the class listening to them speak about something important to them helps in building the confidence of the children. The chosen topic for the event was 'My Favourite Mythological Hero'. Children eagerly waited for their turn to speak about their hero. The children were confident and enjoyed sharing the facts of their heroes with their teachers and peers. The awesome performances by the children gave us a glimpse “behind the curtain” of the hard working parents.

Events at Cheviot Kids: Eric Carle Week



Eric Carle is acclaimed as the creator of brilliantly illustrated and innovatively designed books for young children. We designed this wonderful week for our young minds to show them that learning is fun and fascinating. It was a five story package presented to the kids.

We started from the first hit book of Eric Carle **'The Very Hungry Caterpillar'**, where children learnt how a caterpillar turns into a beautiful butterfly. This was followed by **'Do You Want To Be My Friend?'** This is a classic tale of a tiny mouse's search for the perfect pal in which the children learnt about the diverse characteristics of different animals. Day 3 was a date with the Chameleon. **'The Mixed up Chameleon'** Children were amused to see the humorously disfigured chameleon. Day 4 was designed for another endearing story **'From Head to toe'** where we found children totally in giggles, doing actions like animals with their teachers. The last day of the week was reserved for **'A House for a Hermit crab'** who has outgrown his snug little shell and he ventures out in search for a larger shell. Elves and Brownies learnt about various characteristics of sea creatures. At the same time little Pixies were all geared up to get in Eric Carle's delightful animal train on its way to the zoo. **1,2,3, to the zoo** was a richly satisfying introduction to animals and counting numbers till ten.

Apart from the stories, the 'DEAR' (Drop Everything And Read) sessions were a big hit with the Elves. The Brownies were super cheerful to swap their old books with their friends.

Math Week



The primary objective of the event was to encourage young learners to get involved, and create love for the subject. Math week promises awareness, understanding, involved learning of number related concepts through a huge variety of events and activities. Four days were planned to keep our children engaged.

Day 1 was planned for games related to numbers and logical thinking and reasoning. Children moved from class to class to enjoy the assorted games arranged for them in each class, which by all accounts went down so well with everyone involved. The next day was booked for a story based on math concepts followed by energetic floor games which included Hopscotch, twisters and hands-legs coordination games. It was difficult for us to pull the children out of the magnetic field of game. Day three was mapped for art and creativity, without which we believe learning, is zero. Children enjoyed playing with shapes and formed smileys and vehicles on the worksheets. The last day was a day for measurements. Children were exposed to various measurement tools and they did the worksheet related to the same. They measured their height with a woolen string and learnt how tall they are, and enjoyed sharing this with their friends. Little Pixies had a lemonade making session, where they measured and added the ingredients carefully.

Events at Cheviot Kids: Out and Abouts



It's time for constructing experiences outside the proverbial 'boxes' of numeracy and literacy.

Nothing beats an exciting hands-on experience to deepen learning. All the students were energized by the excitement and anticipation of sitting on the bus and visiting a new place.

Little Pixies were super excited to see the wide range of sport products available at Decathlon. They learnt about various games and different sport outfits too.

The visit to the Muffins bakery was a big hit with the Elves. The snapshot here is a clear evidence of the excitement which had geared up in the air when they saw large machines involved in the process of baking and the live decoration of the cakes.

Brownies visited the Dental museum to learn about their dental care. It was a trip to sink our teeth into the dental history. Children were amazed to see the dental collection. The museum was quite interactive, dynamic and easy to understand. Children were in awe of the mythological stories shared from across the globe. The visit was a complete journey of dental care from ancient civilizations to modern technologies under one roof. Wow!!

Speak Up Kids

Crazy Hair Day

P.T.I



Each 'Speak up kids' event spurs the children further to give their best for the next 'Speak up kids'. Rhymes are a beautiful way to introduce language and practice speaking in a fun and motivational way. Children feel accomplished when they are able to memorize these rhymes. Apart from the universal rhymes like "I hear thunder, Five little monkeys and many more, children also came up with unusual rhymes sharing a beautiful message like "Grow trees, stop using plastic, love for books" etc. Mind blowing performances. The event provided a comfortable learning arena for everyone involved.

A day for kids and parents to get creative to wear their artistic genius in their hair. Teased, coloured, gelled, twisted, wigs and scarves, punk or just plain messy, it was time to go crazy. Children were super excited while entering the school with their whacky hair do. Looking at peers with pigtails, octopus, bugs and spiders, cupcakes and doughnuts on their head left them in giggles. They enjoyed doing the art worksheets related to crazy hair. A short dramatization and sharing information on how to take care of our hair, gave meaning to the whole event. Children went home happily carrying memories to be cherished for a lifetime.

Parent-Teacher Interactions are one of the most useful tools that we have, to ensure that our children are getting the best from their education. A short orientation was held for the Pixies and Elves parents to orient them with Jolly Phonics into the curriculum. The parents met the teachers to figure out the progress chart of their children. Grade XI students had organized a stall for cookies and cakes to hone their entrepreneurship skills. The students of Brownies cheerfully participated in the activities laid out

GETTING TO KNOW MY TEACHER: VAIDEHI CHAUHAN

Q 1. How do you describe yourself as a person and as a teacher?

As a person, I am detail oriented and always seek for perfection. I carry out my duties to the best of my ability. I strongly believe, it is quality rather than quantity that matters.

The same attitude I bear at school also. I enjoy teaching and thus always try to give my best shot for the betterment of my students.

Q 2. What is the most difficult part about being a teacher?

If you are passionate about something you can move mountains. I see difficulties as opportunities and challenges. I believe, teaching is a beautiful job, as it allows you to see the growth day by day of children entrusted to your care.

Q 3. If you could have lunch with one person dead or alive, who would it be and why?

I will be truly blessed, if I get the golden chance to have lunch with Mother Teresa. She was a person who inspired millions through her lifelong devotion to the neediest and the most vulnerable of the world. I want to feel the vibration of true love, care and selfless service. She makes me believe that, if you have the strong desire to serve the humankind, the whole universe conspires to make it happen.

Q 4. What would your perfect day be like?

My definition of a perfect day is spending the day with your dear ones, no time boundaries, no worries, nobody to judge you around, only laughter and fun enveloping you.

Q 5; What is your best piece of advice?

Limit the screen time and invest in family and outdoor time. We should not be slaves to these devices instead exercise discipline use of the screen.

Q 6. What is your silliest fear?

Rise and sudden drops, twisting and turning jerks brings tornado in my tummy. Rides are not meant to excite and thrill everyone and I am one of them. I have a crippling fear of rollercoaster rides which gives me heart palpitations and sweaty palms. My brain chemistry works silly in this matter.



TIPS FOR PARENTING

Early to bed and early to rise, makes a man healthy, wealthy and wise.

Inadequate sleep affects every aspect of a child's well being and functioning. Children who don't get sufficient sleep at night, are more likely to be overactive and non compliant, as well as being more withdrawn and anxious. Early identification of **sleep** problems may prevent negative **consequences**, such as daytime sleepiness, irritability, behavioral problems, learning difficulties and poor academic performance.

A pre-schooler needs a solid **10 to 13 hours of sleep**. Making sleep a priority for yourself shows your children that it's a part of living a healthy lifestyle.

- **Keep a regular daily routine:** Maintain a consistent sleep schedule. It sets the stage for the rest of the day and allows adequate sleep pressure to build up by late evening to allow for quicker sleep onset at an appropriate time at night. If the child gets adequate amount of sleep (10-13 hours) in the night, the afternoon naps are not necessary for them
- **Plan up to one hour of quiet time before bed:** Before bedtime every night, allow your child to set aside one hour for calm, enjoyable activities such as listening to rhymes, stories, flipping through a book, fun moments with parents and siblings etc. Set aside a few minutes for talking about the day.
- **Tone down the lights** to allow the body to naturally make its own melatonin.
- **Limit electronic stimulants:** Don't let your child use T.V, laptops, tablets, phones at least an hour before bedtime. These screen activities can be stimulating and can interfere with falling and staying asleep
- **Parents should identify the sleep problems** in their children (like snoring, breathing problems, difficulty in falling asleep, tough time waking up) and consult their primary child care doctor for the same.

Infuse the importance of sleep with daily attention and you will likely have a happier, self assured, less demanding and more sociable child.



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