

CWS March 2024

Item	24th	25th	26th	27th	28th	29th	30th
Main Dish			Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal	Hot-Dog with Sauce, Veg Pasta, Wafer	Veg Hariyali, Chapati, Peas Pulav, Saboot Moong dal	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Tadka	Aloo Sukhi Bhaji, Chapati, Jeera Rice, Saboot Moong dal
Salad			Tomato-Cucumber Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink				Mint Lemonade	Buttermilk	Buttermilk	Buttermilk
Dessert			Dahi Vada	Gulab Jamun			
Jain Menu							
Main Dish			Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal	Hot-Dog with Sauce, Veg Pasta, Wafer	Veg Hariyali, Chapati, Peas Pulav, Saboot Moong dal	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Tadka	Raw Banana Bhaji, Chapati, Jeera Rice, Saboot Moong dal
Salad			Tomato-Cucumber Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink				Mint Lemonade	Buttermilk	Buttermilk	Buttermilk
Dessert			Dahi Vada	Gulab Jamun			

CWS April 2024

Item	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1st	2nd	3rd	4th	5th	6th
Main Dish		Bhindi Masala, Chapati, Jeera Rice, Dal Makkhani	Paneer Kadhai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, White Sauce Pasta, Dhokla with chutney, Wafers	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Veg. Korma, Chapati, Jeera Rice, Dal Fry	Aloo-Giloda Sabji, Chapati, Jeera Rice, Rajma Curry
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tamarind Onion Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Buttermilk	Mint Lemonade		Lemonade		Buttermilk
Dessert/Fruit			Doodhi Halwa	Boondi		Jalebi	
Jain Menu							
Main Dish		Bhindi Masala, Chapati, Jeera Rice, Dal Makkhani	Paneer Kadhai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, White Sauce Pasta, Dhokla with chutney, Wafers	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Veg. Korma, Chapati, Jeera Rice, Dal Fry	Giloda Sabji, Chapati, Jeera Rice, Rajma Curry
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tamarind Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Buttermilk	Mint Lemonade		Lemonade		Buttermilk
Dessert/Fruit			Doodhi Halwa	Boondi		Jalebi	
Item	7th	8th	9th	10th	11th	12th	13th
Main Dish		Methi Thepla, Chhunda, Masala Khichadi, Kadhi	Paneer Tikka Masala, Chapati, Steamed Rice, Dal Fry	Manchurian Dry, Chinese Noodles, Wafers, Veg Fried Rice	Cholai Aaloo Sabji, Chapati, Steamed Rice, Dal Tadka	Idli, Sambar, Dosa Ball, Chutney, Lemon Rice	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Palak
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad
Drink				Orange Tang	Buttermilk	Lemonade	Buttermilk
Dessert/Fruit		Banana	Sevian Kheer	Gulab Jamun		Boondi	
Main Dish		Methi Thepla, Chhunda, Masala Khichadi, Kadhi	Paneer Tikka Masala, Chapati, Steamed Rice, Dal Fry	Manchurian Dry, Chinese Noodles, Wafers, Veg Fried Rice	Cholai Sabji, Chapati, Steamed Rice, Dal Tadka	Idli, Sambar, Dosa Ball, Chutney, Lemon Rice	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Palak
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad
Drink				Orange Tang	Buttermilk	Lemonade	Buttermilk
Dessert/Fruit		Banana	Sevian Kheer	Gulab Jamun		Boondi	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Item	14th	15th	16th	17th	18th	19th	20th
Main Dish		Chhole Bhature, Hyderabad Biryani, Boondi Raita, Tamarind Onion Chutney	Lehsuni Palak paneer, Chapati, Steamed Rice, Mix Dal	Mix. Vegetable, Chapati, Jeera rice, Green Moong Dal	Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makhani	Veg. Frankie with Sauce, Veg Pasta, Dhokla with Chutney, Wafers	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka
Salad			Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad
Drink		Lemonade	Buttermilk		Buttermilk		Buttermilk
Dessert/Fruit			Chocolate Coconut Laddoo	Jalebi		Fruit Custard	
Jain Menu							
Main Dish		Chhole Bhature, Hyderabad Biryani, Boondi Raita, Tamarind Chutney	Palak paneer, Chapati, Steamed Rice, Mix Dal	Mix. Vegetable, Chapati, Jeera rice, Green Moong Dal	Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makhani	Veg. Frankie with Sauce, Veg Pasta, Dhokla with Chutney, Wafers	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka
Salad			Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad
Drink		Lemonade	Buttermilk		Buttermilk		Buttermilk
Dessert/Fruit			Chocolate Coconut Laddoo	Jalebi		Fruit Custard	

Item	21st	22nd	23rd	24th	25th	26th	27th
Main Dish		Methi Thepla, Chhunda, Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani	Dum Aloo, Chapati, Steamed Rice, Dal Palak	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice	Holiday
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		
Drink				Mint Lemonade		Lemonade	
Dessert		Banana	Sevian Kheer	Boondi		Balushahi	
Jain Menu							
Main Dish		Methi Thepla, Chhunda, Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani	Sev Tamatar, Chapati, Steamed Rice, Dal Palak	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice	Holiday
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		
Drink				Mint Lemonade		Lemonade	
Dessert/Fruit		Banana	Sevian Kheer	Boondi		Balushahi	

Item	28th	29th	30th				
Main Dish		Dabeli with Iml Chutney, White Sauce Pasta	Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal				
Salad			Tomato-Cucumber Salad				
Drink		Orange Tang	Buttermilk				
Dessert/Fruit		Chocolate Coconut Laddoo	Sooji Halwa				
Jain menu							
Main Dish		Dabeli with Iml Chutney, White Sauce Pasta	Paneer Bhurji, Chapati, Steamed Rice, Panchratna Dal				
Salad			Tomato-Cucumber Salad				
Drink/Fruit		Orange Tang	Buttermilk				
Dessert/Fruit		Chocolate Coconut Laddoo	Sooji Halwa				

CWS May 2024							
Item	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st	2nd	3rd	4th
Main Dish				Bhindi Masala, Chapati, Steamed Rice, Dal Tadka	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Veg Manchurian, Chinese Noodles, Wafer	Veg Hariyali, Chapati, Rice, Saboot Moong dal
Salad				Tomato-Cucumber Salad	Tamarind Onion Chutney		Tomato-Cucumber Salad
Drink				Buttermilk	Aam panna	Mint Lemonade	Buttermilk
Dessert					Gulab Jamun		
Jain Menu							
Main Dish				Bhindi Masala, Chapati, Steamed Rice, Dal Tadka	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Veg Manchurian, Chinese Noodles, Wafer	Veg Hariyali, Chapati, Rice, Saboot Moong dal
Salad				Tomato-Cucumber Salad	Tamarind Chutney		Tomato-Cucumber Salad
Drink				Buttermilk	Aam panna	Mint Lemonade	Buttermilk
Dessert					Gulab Jamun		

Dr. Bhagyashree Patel
Doctor in Charge

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